

## Submodule: Sustainable diets. Activity 2 Food waste.

### Measuring the leftovers

- 1) Place the collected food on a table.
- 2) Use a scale to measure the weight in grams (g) and kilograms (kg).
- 3) What is the total value of the food collected?
- 4) What is the climate impact of the food collected? What would this constitute each month and year?
  - a. Go to “Our word In Data” on this page: “Explore impact of food”: <https://ourworldindata.org/environmental-impacts-of-food#explore-data-on-the-environmental-impacts-of-food>
  - b. Select “Specific food products”.
- 5) Extra: What would this constitute each month and year if the waste was the same each opening day?
- 6) At the end: Summarize the group's findings in plenary (E.g., on the blackboard).

Food	Total weight gram	Weight per piece. Gram and kg	Price per piece	Price all pieces	Carbon footprint pr kg*	Carbon footprint per piece. <i>Carbon footprint per kg*weight per piece in kg =</i>	Total Carbon footprint of all items <i>Carbon footprint per piece* number of pieces collected =</i>
E.g., “Kannelsnegle” Cinnamon rolls	1200 g (8 pieces)	150 g = 0,15 kilo	30 DKK	240 DDK	<i>The nearest may be Doughnuts 2,2 kilos</i>	2,2 kilos * 0,15= 0,33 kilo	0,33*8= 2,64 kilos
Total amount of all collected foods							

\*By using Our world in data: <https://ourworldindata.org/environmental-impacts-of-food#explore-data-on-the-environmental-impacts-of-food>



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